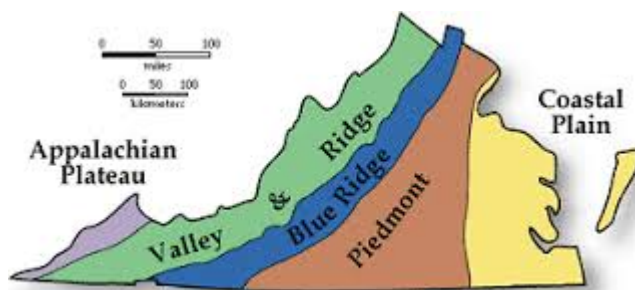


Suggested Social Studies Review Activities

We began our studies of Virginia History by learning about the geography of the State. Virginia has 5 distinct regions: the Coastal Plain (Tidewater), the Piedmont, Blue Ridge Mountains, the Valley and Ridge, and the Appalachian plateau. The following video describes highlights of the regions and the historical geographical significance of these areas.



For the video links, you may have to press CTRL and click. You may also need to copy and paste into your browser.

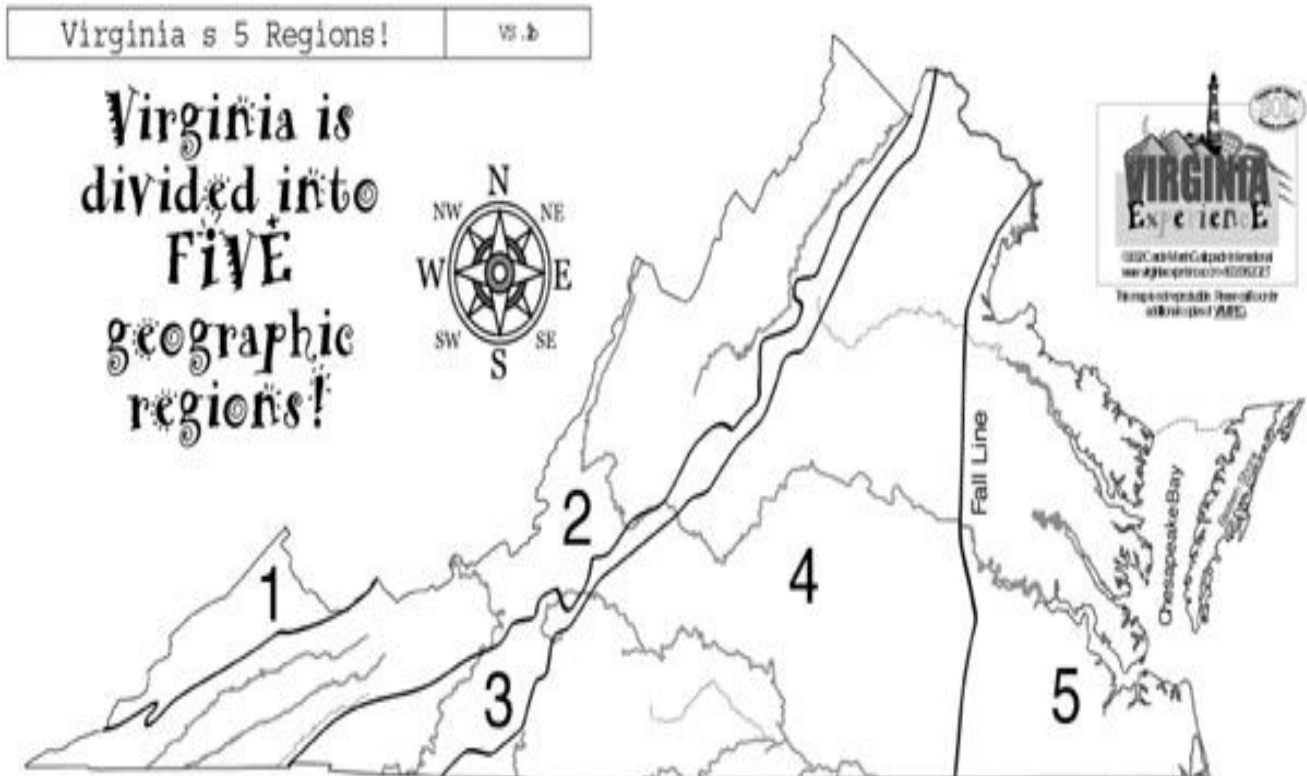
<https://www.youtube.com/watch?v=2w6hHDaA03M>

<https://www.youtube.com/watch?v=CFtpetkvOoQ>

Watch the Virginia Trekkers as they explore Great Falls. This is on the border between Maryland and Virginia. It is also part of the “fall line.”

<https://vimeo.com/73374322>

Have fun with the map activity. If you have access to a printer, try to print the map and complete the activities listed below it.



Activity 1	Activity 2	Activity 3	Activity 4										
<p>Here are the names of Virginia's five geographic regions. Match them with the numbers on the map!</p> <p>___ Coastal Plain (Tidewater)</p> <p>___ Valley & Ridge</p> <p>___ Piedmont</p> <p>___ Appalachian Plateau</p> <p>___ Blue Ridge Mountains</p>	<p>Color the Appalachian Plateau PURPLE.</p> <p>Color the Valley & Ridge Region YELLOW.</p> <p>Color the Piedmont Region RED.</p> <p>Color the Coastal Plain Region GREEN.</p> <p>Color the Blue Ridge Mountains Region BLUE.</p>	<p>Match the region with its geographic feature.</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">___ Coastal Plain</td> <td style="width: 50%; border: none;">A. coal deposits; area of elevated land, flat top</td> </tr> <tr> <td style="border: none;">___ Piedmont</td> <td style="border: none;">B. near Atlantic Ocean and Chesapeake Bay</td> </tr> <tr> <td style="border: none;">___ Valley & Ridge</td> <td style="border: none;">C. rolling hills; west of the fall line</td> </tr> <tr> <td style="border: none;">___ Blue Ridge Mtns.</td> <td style="border: none;">D. mtns, valleys & caves</td> </tr> <tr> <td style="border: none;">___ Appalachian Plateau</td> <td style="border: none;">E. old, rounded mtns; has many rivers</td> </tr> </table>	___ Coastal Plain	A. coal deposits; area of elevated land, flat top	___ Piedmont	B. near Atlantic Ocean and Chesapeake Bay	___ Valley & Ridge	C. rolling hills; west of the fall line	___ Blue Ridge Mtns.	D. mtns, valleys & caves	___ Appalachian Plateau	E. old, rounded mtns; has many rivers	<p>Fill in the blanks.</p> <p>The _____ region lies between the Coastal Plain and mountains and valleys.</p> <p>The Piedmont and Coastal Plain regions are separated by the _____.</p> <p>The _____ & _____ region contains the Great Valley of Virginia, made up of several beautiful valleys.</p> <p>Virginia's primary coal deposits are found in the _____.</p>
___ Coastal Plain	A. coal deposits; area of elevated land, flat top												
___ Piedmont	B. near Atlantic Ocean and Chesapeake Bay												
___ Valley & Ridge	C. rolling hills; west of the fall line												
___ Blue Ridge Mtns.	D. mtns, valleys & caves												
___ Appalachian Plateau	E. old, rounded mtns; has many rivers												



The following video gives additional information on our State, including: why we are called the Old Dominion State, The Mother of Presidents State, and the Mother of Statesmen State. They include information on our capital and important cities.

<https://www.youtube.com/watch?v=2w6hHDaA03M>